

POLITEHNICA University of Bucharest (**UPB**)
 Faculty of Engineering and Management of Technological Systems (**IMST**)
 Study Programme: Industrial Engineering (**IE**)
 Form of study: Licence (Bachelor)

COURSE SPECIFICATION

Course title:	PSYCHOLOGY	Semester:	5
Course code:	UPB.06.C.05.L006	Credits (ECTS):	5

Course structure	Lecture	Seminar	Laboratory	Project	Total hours
<i>Number of hours per week</i>	2		2		4
<i>Number of hours per semester</i>	28		28		56

Lecturer	Lecture	Seminar / Laboratory / Project
<i>Name, academic degree</i>	Gabriela Beatrice COTET, PhD, Lecturer	Gabriela Beatrice COTET, PhD, Lecturer
<i>Contact (email, location)</i>	beatricenica@gmail.com	beatricenica@gmail.com

Course description:
<p>This course is a broad introduction to the field of psychology. Students explore the key figures, diverse theoretical perspectives, and research findings that have shaped some of the major areas of contemporary psychology. This course also examines the research methods used by psychologists across these areas to study the origins and variations in human behavior.</p> <p>The goals of course:</p> <ul style="list-style-type: none"> Acquiring elements of human behaviour and cognitive processes that support it Acquiring the main theoretical models of the human psyche Acquiring main psychological theories of personality
Seminar / Laboratory / Project description:
<p>The goals of laboratory:</p> <ul style="list-style-type: none"> The ability to participate effectively and constructively to solve problems of social and interact with others Using knowledge of psychology in order to adapt their behaviour in real life situations
Intended learning outcomes:
<p>Course specific competencies:</p> <ul style="list-style-type: none"> Identification and characterization mental processes of their role in the evolution of personality Recognition of types of interpersonal relationships, social attitudes and behaviours of data in situations Defining human behaviour by analyzing the physical processes involved in its implementation

Assessment method:	% of the final grade	Minimal requirements for award of credits
Final exam	20%	

Report / project	20%	
Homework	20%	
Laboratory	20%	
Other	20%	

References:	
<p>[1] Atkinson R. Si Atkinson R (2002), <i>Introducere in Psihologie</i>, Ed. Tehnica, Bucuresti</p> <p>[2] Lilienfeld, S. O.; Lynn, S. J.; Namy, L. L.; Woolf, N. J. (2011). <i>Psychology: From Inquiry to Understanding</i>. 2nd edition. Boston: Pearson/Allyn Bacon. ISBN-10: 0205001750 ISBN-13: 9780205001750</p> <p>[3] Myers, D. G. (2010) <i>Psychology</i> (9TH ED.). New York: Worth Publishers</p> <p>[4] Parot, F., si Richelle, M., (1995), <i>Introducere in psihologie: istoricsimetode</i>, ED. HUMANITAS</p> <p>[5] Zlate, M. (1999), <i>Psihologia mecanismelor cognitive</i>, Editura POLIROM, ISBN: 973-683-278-3</p>	
Prerequisites:	Co-requisites (courses to be taken in parallel as a condition for enrolment):
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Additional relevant information:	
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Date: 08.07.2016

PhD. Lecturer Gabriela Beatrice COTET